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### A Study of Environmental Management System

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#### **Abstract**

Environmental Management Systems manage their environmental obligations effectively within the defined structure of an organization. It, however, ensures compliance with legal requirements and reduction of environmental impacts to sustainability by planning and reviewing the adoption standard, ISO 14001 also other widely means a that organizations systematically guidelines for provides organization-most adopted standard for EMS The review discusses EMS the evolution of key principles and benefits. Systems help integrate considerations into business operations efficiency foster resource waste Although this paper provides an empirical examination of the factors that usually concern the problems that challenge companies in implementing ISO 14001, such as high initial costs, a lack of specialized expertise, and opposition to change, research further it examines into environmental management systems. The case studies provide support for the more such adoption of the effective empirical systems, which can result in improved environmental performance as it includes operational efficiency, competitive advantage better trust with stakeholders in the market It stresses the need for stakeholder engagement, regulatory compliance, and best practice in ensuring the achievement of long-term sustainability goals. EMS is considered an important strategic tool in aligning the strategies of the organization with the objectives of global sustainability amidst growing environmental concerns, and, therefore, has to be maintained.

Keywords: ISO 14001, Policy, Impact, Aspects, Implementation

### دراسة نظام الإدارة البينية طيبة سعدي حسين $^{1}$ ، نور سعدي حسين $^{2}$

تُدير أنظمة الإدارة البيئية التزاماتها البيئية بفعالية ضمن الهيكل التنظيمي المُحدد للمؤسسة. ومع ذلك، فهي تضمن الامتثال للمتطلبات القانونية وتقليل الأثار البيئية على الاستدامة من خلال تخطيط ومراجعة معيار التبني، ISO .14001كما تُشير هذه المراجعة إلى أن المؤسسات تُقدم إرشادات منهجية لتوفير المعيار الأكثر اعتماداً في المؤسسة لنظام الإدارة البيئية. تناقش المراجعة تطور مبادئ وفوائد نظام الإدارة البيئية الرئيسية. تُساعد الأنظمة على دمج الاعتبارات في كفاءة العمليات التجارية، وتُعزز هدر الموارد. على الرغم من أن هذه الورقة تُقدم دراسة تجريبية للعوامل التي تُشكل عادةً تحديات للشركات في تطبيق ISO 14001، مثل ارتفاع التكاليف الأولية، ونقص الخبرة المتخصصة، ومعارضة التغيير، إلا أنها تُجرى المزيد من البحث في أنظمة الإدارة البيئية. تُقدم دراسات الحالة دعماً لتبنى المزيد من الأنظمة التجريبية الفعالة، مما يُؤدي إلى تحسين الأداء البيئي، بما في ذلك الكفاءة التشغيلية، والميزة التنافسية، وثقة أفضل لدى أصحاب المصلحة في السوق. تُشدد هذه الورقة على ضرورة إشراك أصحاب المصلحة، والامتثال للوائح التنظيمية، وأفضل الممارسات لضمان تحقيق أهداف الاستدامة طويلة الأجل. ويعتبر نظام إدارة البيئة أداة استراتيجية مهمة في مواءمة استراتيجيات المنظمة مع أهداف الاستدامة العالمية في ظل المخاوف البيئية المتزايدة، وبالتالي، يجب الحفاظ عليه.

الكلمات المفتاحية: ISO 14001 السياسة، التأثير، الجوانب، التنفيذ

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1 المؤلف المراسل

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#### Introduction

An EMS is a structured framework that helps firms

and other organization effectively carry out their

environmental responsibilities by providing a systematic approach to achieving environmental objectives while balancing economic and social factors. In this way, it would allow an EMS to facilitate support for firms and other organizations in improving environmental performance at complying with regulations and demonstrating sustainability [1]. Global warming, environmental degradation, and depletion of natural resources have reached critical stages. Firms and organizations can play a vital role in addressing these problems by focusing on the implementation of a system of environmental management. The EMS has features that make it possible for firms and other organizations to take environmental responsibilities and support standards regulations toward Sustainable development goals [2].

An organization carries out its activities impacting the environment in one way or another. The EMS is designed to enable an organization to reduce these impacts by continually improving its record of environmental management [3]. This then brings better environmental performance and advantage, based on financial benefits resulting from lower operating costs. The EMS is part of the management system of an organization and covers direct environmental risk management, attainment and maintenance of targeted environmental performance, and the initiation of systematic efforts for continuous improvement [4]. The EMS environmentally encourages protective biodiversity-conserving behaviors as well as ecologically sustainable development and resource sustainability. The EMS may be certified, registered, or included in existing documentation and management structures for the purpose of improvement rather than replacement of current systems [5]. The inclusion of EMS elements in

much pre-existing management infrastructure would be possible at a relatively low cost of adaptation. For example, in Europe, an EMS can be certified to that international standard, ISO 14001, by an auditor certifying the standard or registered under the EU Eco-Management and Audit Scheme (EMAS) by an approved EMAS controller [6].

Environmental management standards were first introduced with British Standard BS 7750, which came into existence in 1992, was succeeded by the European Eco Management and Audit Scheme (EMAS) in 1993, and then ISO 14001 in 1996 [7]. With the withdrawal of BS 7750, the revisions of EMAS, and the latest version of ISO released last year in 2015, many changes have come. At present, EMAS has sector-specific performance criteria and endorses ISO 14001. An EMS that is successful in improving its environmental performance should have a methodology of identifying the environmental aspects, target setting, programming to achieve the target, and monitoring and measurement [8].

The management system standards, specifically ISO 9001 and ISO 14001, have gained quite an acceptance amongst industrial and academic fraternities, thereby fueling a long-standing debate over the merits of environmental management systems [9]. Well, among the systems that certify, there is the EU Eco-Management and Audit Scheme (EMAS) as well as the ISO 14001 standard. The most common is ISO 14001, with a total of 348,473 valid certificates and 568,798 certified sites recorded in the global repository by the end of 2020, testifying to its massive influence on environmental management practices around the globe [10].

The primary objective of an EMS is to facilitate an organization in mitigating its impacts on the

environment, meeting regulatory requirements, and working towards the improvement of environmental performance. This standard enables a firm to integrate its business policies with sustainable management principles and presents some key concepts, applications, and future directions.

#### 2. Core Components of an EMS

#### 2.1 Environmental Policy

Environmental Policy is an integral part of the EMS. It expresses the organization's approach to environmental objectives and its commitment to sustainable practices as well as to the adoption of measures that ensure a clean and safe environment. The purpose and essential elements of Environmental Policy within an EMS are as follows [11]:

#### 2.1.1 Definition and Purpose

The Environmental Policy is part and parcel of EMS. It gives the approach of the organization to the environmental objectives and expresses its commitment to seeking sustenance practices as well as adoption of measures in terms of which the organization ensures a clean and safe environment. In an EMS, the Environmental Policy will have the following as essential elements and purpose [12].

#### 2.1.2 Key Elements

- Compliance Commitment: Ensure the commitment for the compliance with all environmental laws, regulations, and standards.
- Prevention of Pollution: Undertake an organization to be committed to a proactive stance in the protection of the environment against the adverse impacts that may be initiated from pollution.
- Improvement on a Continual Basis: Ensure the commitment of the organization for

- improvement of environmental performance on a continual basis.
- Measures with Sustainability Goals: Resource conservation, waste reduction, and energy efficiency measures that can be aligned to broader sustainability initiatives.
- 5. Stakeholder Engagement: All undertakings shall be for the consideration of the welfare of the employees, customers, and communities, and in satisfying other stakeholders' interests and will ensure quality of life for employees at all times.

#### 2.1.3 Development Process

- Assessment: This involves determining the environmental aspects of the organization and its legal requirements.
- Consultation: Discuss this policy with internal and external stakeholders to consider their concerns and expectations.
- 3. Drafting: Actually write up a policy that is succinct, clear, and action-for-policy-action.
- 4. Approval: Present to top management for their approval and to ensure alignment with organizational prior.

#### 2.1.4 Implementation

- Communication: All employees and parties concerned shall be informed of the provisions of this policy.
- 2. Integration: Incorporate the policy into operations and management.
- Training: Ensure that all employees are educated in the fulfillment of their roles to meet the objectives of this policy.

#### 2.1.5 Benefits

1. Strategic Direction: An outline of the environmental priorities.

- 2. Improved Compliance: Reduces the risks of any breach of laws and regulations.
- Reputation Management: Helps in expressing the commitment to sustainable development, which will help build confidence among stakeholders.
- 4. Operational Efficiency: Results in saving resources by cutting the expenses and waste.

### 2.1.6 Examples of Commitments in Environmental Policies

- Greenhouse gas emissions reduced by the specified percentage over the defined timeframe.
- 2. Renewable energy sources for the operational energy needs fully achieved.
- Water consumption minimized as well as wastewater treatment processes enhanced.

#### 2.2 Planning

Planning is the heart of an EMS and sets the groundwork for how environmental issues will be effectively addressed. It includes what is to be done for identifying environmental aspects and framing objectives, with a prospect of preparation to fulfill both regulatory and organizational requirements. Below are the primary components of the Planning phase in an EMS, usually with reference to the ISO 14001 standard [13].

#### 2.2.1 Understanding Organizational Context

- Internal and External Issues: Identify factors that could affect the EMS, such as market conditions, regulatory pressures, or stakeholder expectations.
- Interested Parties: Determine the needs and expectations of stakeholders, such as customers, regulators, and employees.

# 2.2.2 Identifying Environmental Aspects and Impacts

- Environmental Aspects: Identify products, activities, or services that interact with the environment, such as energy use, emissions, or waste generation.
- 2. Environmental Impacts: Assess how these aspects affect the environment, considering both positive and negative effects.

#### 2.2.3 Legal and Other Requirements

- Identify and understand applicable laws, regulations, and industry standards.
- 2. Integrate these requirements into the EMS framework to ensure compliance.

#### 2.2.4 Setting Objectives and Targets

- Environmental Objectives: Establish specific, measurable goals aligned with the organization's environmental policy and identified impacts.
- Targets: Define precise benchmarks to achieve these objectives, such as reducing emissions by a certain percentage within a given timeframe.

#### 2.2.5 Risk and Opportunity Assessment

- Assess risks and opportunities associated with environmental aspects, legal requirements, and organizational changes.
- Plan actions to mitigate risks and capitalize on opportunities.

# 2.2.6 Developing an Environmental Management Program

 Action Plans: Define actions to meet objectives and targets, specifying responsibilities, resources, and timelines.  Monitoring and Measurement: Establish metrics to track progress toward objectives and ensure continuous improvement.

#### 2.2.7 Tools and Techniques

- Environmental Aspect Registers:
   Document interactions with the environment.
- 2. SWOT Analysis: Evaluate weaknesses, opportunities, strengths, and threats related to environmental performance.
- Lifecycle Assessment (LCA): Consider environmental impacts over the product or service lifecycle.

#### 2.3 Implementation and Operation

EMS provides an organization with a framework that it can work with to manage its environmental aspects and improve how well it does on speaking about the environment. The part about putting it into place and running it is very key as it helps to make sure the ideas are used well. Some main parts of this phase are [14]:

## 2.3.1 Resources, Roles, Responsibility, and Authority

- 1. Allocate sufficient resources in terms of personnel, technology, and financial support.
- Clear definitions of what is expected of the individual and a team that is followed by all involved.
- 3. Clear lines of authority to ensure accountability.

#### 2.3.2 Competence, Training, and Awareness

- Staff training to meet their environmental responsibilities.
- 2. The requirements for learning by employees at every level.

3. Train on the environmental policy, its significant aspects, and the need for conformity.

#### 2.3.3 Communication

- 1. Establish processes for internal communication regarding environmental matters.
- Maintain open channels for external communication, addressing stakeholder concerns and regulatory requirements.

#### 2.3.4 Documentation

- 1. Environmental policy.
- 2. Objectives and targets.
- 3. Procedures and work instructions.
- 4. Ensure documents are controlled, up-to-date, and accessible.

#### 2.3.5 Operational Control

- 1. Determine and schedule significant environmental aspects.
- Set up and keep in place operational controls such as standard operating procedures—that help manage impacts.
- 3. Bring in controls for suppliers and contractors as part of the EMS.

#### 2.3.6 Emergency Preparedness and Response

- Identify possible environmental emergencies that could be initiated by and/or at the site (e.g., a spill, leak, or accident).
- Develop plans for response and recovery to minimize impacts.
  - Hold regular drills and reviews to ensure preparedness and the effectiveness of all members.

#### 2.4 Monitoring and Measurement

Monitoring and measurement make or break an EMS. They give you what you need: data and insights to check how you're doing with the environment, make sure you follow rules, and see where to get better. Here's a look at these parts [15]:

#### 2.4.1 Key Elements

- Parameter Identification: Selection of identification of specific aspects like emission monitoring,
- monitoring generation, usage of water, or consumption of energy.
- 2. Frequency: Determining the frequency at which a particular activity should take place; for example, daily, monthly, or annually.
- Methods: This refers to the actual methods, standard and dependable, and the type of equipment and means to be employed for data collection, like meters, sensors, or sampling tools.
- Documentation: Observations and measurement records should be maintained to trace the details and for future analysis.
- Calibration: Check and confirm the correctness of instruments and tools and do regular calibration.
- Standards and Guidelines: Following the rules
  of any local, country, or group of people to do
  things the same way (like ISO 14001) for
  better results and easy comparison.
- Data Analysis: Using math ways and tools to explain information and find patterns or strange things.

#### 2.4.2 Examples Metrics:

- Air pollutant concentration measurement at an industrial site.
- 2. Electricity consumption monitoring in an office building.

- 3. Noise level monitoring in the vicinity of a manufacturing facility.
- 4. Carbon dioxide emission in metric tons.
- 5. Cubic meters of water consumed.
- Hazardous waste generated, measured in kilograms.

#### 2.4.3 Role in EMS

- Performance Evaluation: This process shall be used for the measurement of progress towards the attainment of environmental objectives and targets.
- Regulatory Compliance: Attestation of conformity to legal and other applicable requirements in the field
- Continuous Improvement: To reveal sources of inefficiencies or areas where environmental performance may be uplifted.
- 4. Risk Management: Early identification of potential environmental risks for timely implementation of corrective. Actions
- 5. Reporting: Report, giving stakeholders accurate and transparent data on environmental performance.

#### 2.4.4 Tools and Techniques

- 1. Software for management of the environment, to collect and interpret data.
- Sensors and devices that work automatically, connected to the Internet and used for realtime monitoring.
- 3. Analysis done in a laboratory for testing quality concerning water, soil, and air.
- 4. Tools used to show data in pictures for analysis of patterns and making reports.

#### 2.5 Management Review

#### 2.5.1 Purpose of the Management Review

- 1. To give an account of EMS performance in general.
- To establish EMS performance vis-a-vis the attainment of strategic objectives and obligations for the

environment.

3. To pinpoint the areas of improvement and resource allocation.

#### 2.5.2 Inputs to the Management Review

#### 1. Environmental Performance Data

- Monitoring and measurement results (e.g., energy consumption, waste production, emissions).
- Achievement of environmental objectives and targets.

#### 2. Compliance Evaluation

- Results of audits (internal and external).
- Compliance status with legal and regulatory requirements.

#### 3. Communication

- Feedback from stakeholders, including customers, employees, and regulatory bodies.
- Results of internal and external communications related to environmental issues.

#### 1. Non-Conformities and Corrective Actions

Status of non-conformities and corrective/preventive actions.

#### 2. Changes in Context

- Organizational changes (e.g., structure, leadership, or processes).
- External factors, such as new regulations or market shifts.

#### 3. Risks and Opportunities

 Evaluation of environmental risks and opportunities identified in the planning process.

#### 4. Resource Adequacy

 Assessment of whether the resources allocated to the EMS are sufficient.

#### 2.5.3 Process of the Management Review

#### 1. Preparation

- Gather data and reports from various EMS components.
- Prepare an agenda focusing on key inputs and areas of concern.

### 2. Conducting the Review

- Led by top management, involving relevant personnel such as department heads or environmental officers.
- Discussion on the performance of the EMS and adherence to environmental policies.

#### 3. Decision-Making

- Evaluate the need for policy adjustments, goal realignment, or additional resources.
- Approve changes or initiatives to address identified issues.

#### 2.5.4 Outputs of the Management Review

#### 1. Recommendations for Improvement

 Suggestions for enhancing EMS performance or addressing specific gaps.

#### 2. Updated Objectives and Targets

• Revisions to environmental goals based on performance evaluations.

#### 3. Resource Adjustments

 Allocation of additional funding, personnel, or training as needed.

#### 4. Action Plans

 Concrete steps to address identified risks, opportunities, or non-conformities.

#### 5. Documentation and Communication

- Documenting the review findings and decisions for transparency.
- Communicating results to relevant stakeholders.

#### 2.5.5 Benefits of Management Review

- 1. Promotes a culture of accountability and continuous improvement.
- 2. Ensures compliance with environmental laws and regulations.
- 3. Strengthens the organization's environmental performance and reputation.
- 4. Aligns environmental objectives with business strategy.

#### **Conclusions**

- Ensure that organizations would achieve minimization of their environmental footprint, ensure legal compliance, and also achieve continual improvement of environmental performance.
- 2. The Environmental Policy is a dynamic document and should continuously be reviewed and updated to keep pace with changes in priorities of the organization, regulations, and environmental challenges. Until the document is embraced and implemented in an EMS, there can be no

- meaningful improvement in environmental performance.
- 3. The planning is effective in that it makes the EMS proactive, systematic, and able to drive improvements in environmental performance while meeting the expectations of both the organization and the regulations.
- 4. An interrelationship exists between all these components, and they make it possible for EMS to be implemented and operated with achievement of environmental objectives and support for continuous improvement.
- Such processes, if very strong in monitoring and measurement, will deliver extended environmental stewardship as well as operational efficiency and sustainability.
- 6. A Management Review stands as one of the core parts of the EMS to ascertain the effectiveness of the system, its level of attaining the goals of the organization, and improvement.

#### **Recommendations (if it exists)**

Future research should focus on sector-specific innovations, the integration of emerging technologies, and the long-term impact of EMS on environmental and economic performance.

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